# The Crisis Residential Program

Montgomery County Emergency Service, Inc.'s Crisis Residential Program (MCES/CRP) offers short-term residential treatment for individuals in crisis in a home-like setting.

The CRP plays an instrumental role in the continuum of community behavioral health services. This program strives to function as a key component within Montgomery County's psychiatric response system that includes a range of services that are integrated across providers and treatment modalities.

The CRP provides a level of care available to those individuals experiencing an acute psychiatric crisis who do not meet the criteria for inpatient treatment, however, psychiatric symptoms are serious enough that an outpatient setting would be inappropriate.

The CRP serves as an alternative to inpatient psychiatric treatment. It is located on the grounds of Norristown State Hospital at 1105 Sterigere Street, Norristown, PA.

The CRP is a handicapped-accessible treatment facility that is staffed 24 hours per day, 7 days per week. It comfortably accommodates eight residents. It is a voluntary program that is consumer-oriented.

## The CRP Mission

The MCES Crisis Residential Program provides short-term, consumer-centered treatment in a supportive, home-like environment to adults who can be treated safely and effectively in this setting. Services provided through the CRP support the recovery model, recognizing that recovery is based on a sense of hope and is achievable, and is an individualized, ongoing process. Services are strengths-based and promote self-direction and empowerment. CRP recognizes that recovery is facilitated by peer and community support.

### Crisis Residential Services

The foundation of the CRP is based on the belief that goals of treatment are best defined by the consumer, and that staff collaborates to provide tools to achieve those goals. Developing and maintainining a sense of hope, meaning and purpose, and abilities to assume responsibility for managing disabilities are important pillars of the program.

### The CRP offers:

- Nursing and Psychosocial Assessment
- Psychiatric Assessment
- Individualized Treatment Planning
- Individual and Group Counseling
- Dual Diagnosis Education
- Social and Recreational Activities
- Twelve Step Meetings
- Linkages to Community Supports
- Discharge Planning and Follow-up
- Advocacy and Support

# **CRP Eligibility**

The CRP serves individuals age 18 and older who voluntarily accept mental health treatment and:

- are at risk of hospitalization;
- need an emotionally supportive treatment milieu to facilitate crisis resolution; and/or
- need assistance to establish or improve a support system.

Medicaid (Magellan Behavioral Health and PA fee-for-service) and some private insurances are accepted (please call for more information). Private pay arrangements are available.

## CRP Admission and Referrals

The CRP accepts referrals for direct admission 24 hours per day, seven days per week. Referrals are accepted from any source, including, but not limited to:

- Consumers
- Family Members
- Case Managers
- Mental Health Providers
- Emergency Rooms
- Psychiatric Hospitals

Inquiries and referrals may be directed to:

610-631-2480

### About MCES:

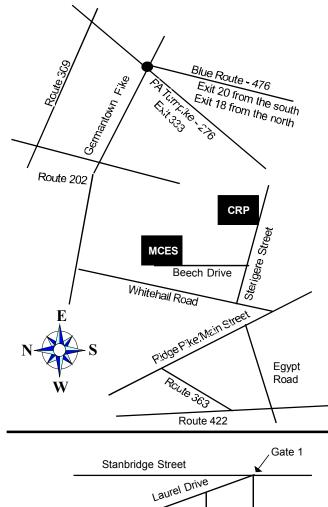
Montgomery County Emergency Service, Inc. offers services to individuals and families dealing with behavioral health crises associated with mental illness, substance abuse, or both. These services include:

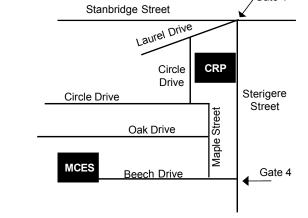
- A Crisis Hotline
- Telephone support
- Walk-in service
- **Emergency** evaluation
- Inpatient care
- Aftercare planning
- Mobile crisis intervention
- Ambulance service

MCES also offers community outreach, education, and forensic services to the criminal justice system in dealing with individuals with serious behavioral health problems or developmental disabilities.

MCES is a non-profit corporation founded in 1974. It is a licensed provider of inpatient and out-patient psychiatric services and drug and alcohol services and is accredited by the Joint Commission for the Accreditation of Health Care Organizations (JCAHO).

## Directions to MCES





1105 Sterigere Street Norristown, PA 19401 Phone (610) 631-2480 ● Fax (610) 631-2485

# Crisis Residential Program



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